

Markets in North Yorkshire

Monday

Boroughbridge, Kirkby Stephen, Pickering, Selby, Scarborough, Skipton, Thirsk

Tuesday

Bedale, Hawes, Kirkby Lonsdale, Richmond (indoor), Scarborough, Settle, Whitby

Wednesday

Knarborough, Kirkbymoorside, Masham, Northallerton, Scarborough, Sedbergh, Skipton

Thursday

Guisborough, Kirkby Lonsdale, Richmond (indoor), Ripon, Scarborough, Tadcaster, Wetherby

Friday

Easingwold, Helmsley, Leyburn, Reeth, Richmond, Scarborough, Skipton, Stokesley

Saturday

Appleby, Guisborough, Malton, Masham, Northallerton, Richmond, Selby, Scarborough, Thirsk, Whitby

**Have a Designated Driver,
walk, get a bus or a taxi.**

You'll get Caught

95 ALIVE

The York & North Yorkshire
Road Safety Partnership



Have a designated driver

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Road Safety Partnership

www.roadwise.co.uk



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... driving after drinking can result in you paying the biggest penalty of your life. In the past five years 287 people have been killed or seriously injured in York and North Yorkshire because of drink driving.

Most people who are caught have an excuse:

- 1 'I've only had a couple –I can't be over the limit - my job depends on it.' - **CONVICTED**
- 2 'Yes we had a few last night, but we got a taxi. I'm on my way to work now, it was ages ago, I can't still be over the limit?' - **CONVICTED**
- 3 'I'm a responsible married woman, with a good career, I've only had one glass of wine - 'surely that won't put me over the limit.' - **CONVICTED**

THERE ARE NO EXCUSES



Keep your conscience clear, drink drivers don't pick and choose who they kill or injure. It could be you or someone you know.

If you know someone who is a drink driver, ring CRIMESTOPPERS on: 0800 555 111

If they are about to drive NOW, ring the Police on 0845 60 60 24 7

The Penalties for Drug Driving are the same as for Drink Driving up to 6 months in prison, a fine up to £5,000, a minimum one year driving ban and a criminal record.

WINTER CHECKLIST - FOR YOU

As a road user (motorist or pedestrian), you will have a responsibility to yourself, your passengers and other road users. Here are some suggestions as to what you can do to assist you in having a safe journey.

- 1 Consider whether your journey is necessary.
- 2 Obtain the latest weather information.
- 3 Plan your journey (route and timing), allowing yourself extra time.
- 4 Ensure your eyesight is up to the relevant standard. (have your eyes checked at least every 2 years)
- 5 Tell someone your plans.
- 6 Do you have experience in winter driving? (consider a course in skid control)
- 7 Consider joining a recognised breakdown / recovery service.
- 8 When driving, travel slowly and at a safe distance from the vehicle in front to avoid harsh braking or steering.
- 9 When driving always use dipped headlights when visibility is poor.
- 10 It is better to travel a little further on a main road that has been treated with salt than to use untreated minor roads. Be Warned - Roads May Still Be Icy
- 11 'Dawn Frost' occurs on dry roads when early morning dew falls on cold road surfaces and freezes on impact.
- 12 Finally, even the most carefully organised procedures can suffer setbacks or mechanical breakdowns and, as a result, some salting routes may not be treated as quickly as programmed.

WINTER CHECKLIST - FOR YOUR CAR

Before Starting A Journey Check

- 1 Your tyre pressures are at the recommended level and that the tread depth is correct. Don't forget your spare.
- 2 Your vehicle's lights are clean and in working order.
- 3 Your wiper system is working effectively, your washer bottles are full and contain a suitable additive to prevent freezing.
- 4 Your battery is in good condition, topped up and fully charged.
- 5 Your anti-freeze is at the correct strength.
- 6 Make sure that all your windows and mirrors are completely clear of ice and condensation.
- 7 Keep available a can of de-icer and a scraper. Also cover your car's windscreen with a blanket overnight.
- 8 For longer journeys, consider taking a flask of hot drink, a blanket and a shovel.

www.roadwise.co.uk
for road safety information

www.northyorks.gov.uk
for information about the roads