

# Key Stage 1 Assembly

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## Feet / Footwear

*Year group: Key Stage One*

*Resources: Different types of footwear e.g. trainers, ballet shoes, heavy boots, flippers, slippers, pumps, flip-flops, Wellington boots etc.*

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## Assembly plan

### Aim

To raise the children's awareness of looking after themselves, and the consequences of not doing so.

### Introduction

Look at different types of footwear for different jobs/occupations - match who wears what and why. Can the children identify who would wear each type of footwear when it is held up?

Trainers	Sports/Footballers/Athletes
Ballet shoes	Ballet dancers
Heavy boots	Workmen
Flippers	Divers/Snorkellers
Slippers	Home/relaxation
Pumps	Children/PE
Wellingtons	Farmers/Children in the rain
Flip-flops	Children at the seaside

### Main presentation

Explain the need to look after our feet, and the importance of wearing the right footwear for the 'job'. Look at the possible consequences if we don't:

- The workman who doesn't wear the correct boots may injure himself and not work again.
- The hill-walker who wore trainers instead of walking boots, broke her ankle and was in plaster for weeks.

Can the children think of other examples?

What sort of footwear is appropriate for walking to school safely / in different weather conditions?

Poem based on work from children at Cowling Primary School during a Poetry Workshop. The children could perform this, with different groups, wearing the appropriate footwear, saying each verse.  
Or, the teacher could read it as a child holds up / wears the appropriate footwear:

We want to wear our trainers,  
We want to, we want to!  
To go running around the playground,  
So can we? PLEASE?

We want to wear our wellies,  
We want to, we want to!  
To go splashing in the puddles,  
So can we? PLEASE?

We want to wear our slippers,  
We want to, we want to!  
To keep our feet snug and warm,  
So can we? PLEASE?

We want to wear our high heels,  
We want to, we want to!  
To go to the disco,  
So can we? PLEASE?

We want to wear our flip-flops,  
We want to, we want to!  
To play on the beach,  
So can we? PLEASE?

We want to wear our school shoes,  
We want to, we want to!  
To walk with friends to school,  
So can we? PLEASE?

## Reflection

Ask the children to think about all the things that they enjoy doing, which they couldn't do without the use of their feet.