

Key Stage 1 / Key Stage 2 Assembly

Worms

Year group: Key Stage One / Key Stage Two

Resources: 5 A4 sized pieces of card, each containing one of the letters needed to form the word: WORMS

Assembly plan

Aim

To consider the benefits of walking to school.

Introduction

Ask the children how they got to school this morning. Put your hand up if you came by car, on foot, on your bike, on the bus, on a scooter?

Main presentation

Ask the children what they think the benefits of walking to school are?

- Fewer cars mean less pollution
- Walking is a good form of exercise
- Meet others when you walk
- You can see more and enjoy the weather
- Fresh air makes you more alert

Ask the children what they saw on their way to school this morning. Explain that when you are walking you notice and see things that you don't notice when you are in a car. For example you can see flowers, trees, animals (mention anything appropriate to the season). Even on a dull and drizzly day you may see some interesting things-WORMS. When it is wet they come out onto the pavements and paths. You have to look very carefully to see them and try not to tread on them. They are so small and on the ground that you would never see them from a car, only if you are observing the world around you when you walk.

Ask for 5 volunteers to hold up cards with letters **WORMS**.

Point to each letter in turn.

- **W** - walking is fun and a good way to spend time with your friends
- **O** - observe things around you
- **R** - remember the Road Safety rules
- **M** - meet others when you walk
- **S** - stay healthy by making it your rule to walk at least some of the way to school whenever you can.

Reflection

Remember the **WORMS** and try walking to and from school when you can, or using a Park and Stride idea if you have to come by car.