

Junior Road Safety Officer Top Tips and Ideas

Competitions

- There will be competitions on the website each term. www.roadwise.co.uk
- Or make up your own competition.
- Your job is to tell everyone at school about the competition and inform them of the closing date. Then collect the entries and judge the best ones.
- o Announce the winners in assembly.

Assemblies

- o Try to take part in at least one assembly per term.
- o Make sure you are well prepared. Ask a teacher to help you.
- o Practice what you are going to say.
- Make it fun and interesting

Notice Board

- Ask your teacher to find you a notice board where everyone can see it.
- o Make a big title. It could be 'Junior Road Safety Officers'.
- Find some road safety posters and information to put up. Use <u>www.thinkroadsafety.gov.uk</u>
- o Make sure it is eye catching with bright colours.

File/ diary

Keep a file/ diary to record all your JRSO activities and competitions.
Include photos and pictures to make it colourful and interesting.

Find out about being a Junior Road Safety Officer from the website: www.roadwise.co.uk

Here are some Road Safety topics that you may be interested in covering at your school. There may be other topics that you feel are important for you school.

Be bright be seen

When the clocks go back and winter is on its way it gets dark earlier. Many people get hurt because they cannot be seen.

Everyone needs to be seen. You could remind everyone in school about this.

Remember- fluorescent for day time and reflective for night time.

Walk to School Month

Encourage the pupils at your school to keep healthy and walk to school.

Green Cross Code

Tell everybody at school about crossing the road safely. You can use the words: Stop, Look, Listen, and Think.

The Green Cross code is a set of rules that can help everyone cross the road safely.

Seatbelts and Car Seats

It is the law that everyone under 12, who is smaller than 135cms, has to use a child seat that is suitable for them.

Using a car seat makes children safer because it raises them up into the right position. The seatbelt should sit on the shoulder. The lap part of the belt should sit on the hips.

School gate Parking.

Drivers should not park on the yellow zigzag lines outside school. If they do it makes it dangerous and difficult for people to cross the road safely. Try to encourage drivers to park away from school or walk.

Safer Cycling

Your school may already take park in the Bikeability scheme. Lots of people like to ride their bike. Encourage everyone to wear a helmet when using their bike. In an accident helmets can reduce head injuries by up to 85%.