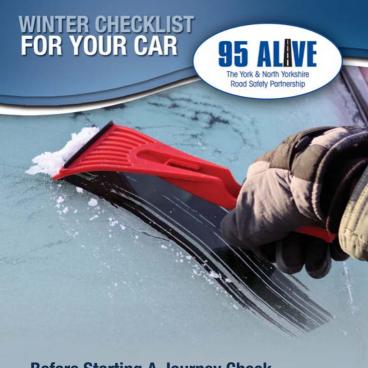


As a road user (motorist or pedestrian), you will have a responsibility to yourself, your passengers and other road users. Here are some suggestions as to what you can do to assist you in having a safe journey.

1.	Consider whether your journey is necessary.	
2.	Obtain the latest weather information.	
3.	Plan your journey (route and timing), allowing yourself extra time.	
4.	Ensure your eyesight is up to the relevant standard. (have your eyes checked at least every 2 years)	
5.	Tell someone your plans.	
6.	Do you have experience in winter driving? (consider a course in skid control)	
7.	Consider joining a recognised breakdown / recovery service.	
8.	When driving, travel slowly and at a safe distance from the vehicle in front to avoid harsh breaking or steering.	
9.	When driving always use dipped headlights when visibility is poor.	
10.	It is better to travel a little further on a main road that has been treated with salt than to use untreated minor roads. Be Warned - Roads May Still Be Icy	
11.	'Dawn Frost' occurs on dry roads when early morning dew falls on cold road surfaces and freezes on impact.	
12.	Finally, even the most carefully organised procedures can suffer setbacks or mechanical breakdowns and, as a result, some salting routes may not be treated as quickly as programmed.	

PLEASE KEEP THIS CHECKLIST IN YOUR CAR AT ALL TIMES



## **Before Starting A Journey Check**

•	the tread depth is correct. Don't forget your spare.	
2.	Your vehicle's lights are clean and in working order.	
3.	Your wiper system is working effectively, your washer bottles are full and contain a suitable additive to prevent freezing.	
4.	Your battery is in good condition, topped up and fully charged.	
5.	Your anti-freeze is at the correct strength.	
6.	Make sure that all your windows and mirrors are completely clear of ice and condensation.	
7.	Keep available a can of de-icer and a scraper. Also cover your car's windscreen with a blanket overnight.	
8.	For longer journeys, consider taking a flask of hot drink, a blanket and a shovel.	

For further help and information on winter driving go to:

www.roadwise.co.uk www.northyorks.gov.uk

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