Gear up for Bike Week

- Confidence
- Community-building
- Independence
- Safety awareness
- Health and fitness
- Learning
- Fun

- Visit our North Yorkshire Road Safety website for lots of activities and ideas. The teacher's area has lesson ideas and assembly plans. [www.roadwise.co.uk](http://www.roadwise.co.uk)

- Use the Road Safety in the primary curriculum resource pack.

- **Hold a school wide competition to design a Bikeability Mascot**

  The mascot should be a character who tells children about cycling and gives information about how to stay safe.

  - Your mascot could have superhero powers and special features
  - You could label different features
  - What will your mascot wear? Remember safer cyclists always wear a helmet and bright clothing.
  - Include some fun ideas and interesting facts about cycling

- **Hold a school wide competition to design a funky cycle helmet.**

- Visit the Sustrans website for more ideas for Bike Week. [www.sustrans.org.uk/biketoschoolweek](http://www.sustrans.org.uk/biketoschoolweek)

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